



Asian Youth Sexual Health Issues

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Health Promotion:

- Cervical screening / Breast Health
- Pamper Days
- Support Maori, Pacific and Asian communities

Clinical Services:

- Mobile van clinics see website wons.org.nz for calendar
- Set clinics around Auckland
- 'Free' smears for Maori, Pacific & Asian women 20-69yrs & due a smear
- Women >30 years & not had a smear in 5 years or more

Health Professional Education:

- Cervical smear taking and Immunisation training

www.wons.org.nz

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Screening and Sexual Health

- Cervical screening abnormalities are as high as other high priority populations
- Cervical screening rates are as low as other high priority populations
- STI's: HPV and Chlamydia rates high in Chinese
- 300 plus Asian Sex workers in Auckland
- Violence and sexual abuse are escalating
- Barriers to access are many and often different for each ethnic group

WONS Cervical Ethnicity Breakdown

Aug 2000 to 2005

Ethnicity	Ascus	Mild Dysplasia	Moderate Dysplasia	Severe Dysplasia	Normal	Total
Chinese	1.52%	1.63%	0.17%	0.56%	96.1%	1777
European	2.49%	1.46%	0	0	96%	683
Indian	1.1%	0.74%	0	0	98.2%	272
Korean	1.11%	0.74%	0	0.56%	97.6%	537
Maori	1.07%	2.14%	0.27%	0.54%	95.9%	373
Total						3642

WONS Client Base

- Higher rates of Chlamydia
- Higher rates of HPV in particularly Mainland Chinese population

Sexuality

V. Cheung's Research (2005)

56% of Asian students aged 16 – 24 years
are sexually active

Sexual Health Education to Youth

- Basic knowledge for youth and parents poor
- Difficulty with current sexual education in schools as too shy & lack of culturally appropriate resources

Common Myths regarding Sex and Contraception

- Number of birth control methods are there that are highly effective in preventing pregnancy
- Also a lot of misinformation are out there about how to use birth control
- Some methods are there that simply do not work

- “I don’t need contraception because we only have sex during the safe time”
- “I’m breastfeeding so I can’t get pregnant”
- “I won’t get pregnant if my partner pulls out before he comes”
- “I won’t get pregnant if I douche after sex”
- “I won’t get pregnant because this is the first time having sex”
- “I won’t get pregnant if I take a shower or bath right after sex”

Contraception commonly used

- Condoms
- The Ring
- Natural Family Planning
- Herbal abortion pills
- Termination of Pregnancy is common with Chinese
- FPA now have Asian staff for interpreting

Asian Youth Sexual Health Training Programme

- WONS leading
- Funded by Lotteries through the Asian Health Foundation of New Zealand
- Collaborative event with East Health, TANI and Chinese New Settler's Trust

- Train 20 Asian youth over two weekends
- April 2nd and 9th
- Must live in Howick / Botany region
- Trained in contraception choice, safer sex, positive sexuality, legal aspects, communication styles to youth, ethical issues
- Aim is to reach 200 plus Asian youth with key messages on the above over two months through different communication styles
- Supported by a project manager
- Evaluation of the project will occur
- Certificates will be given including course and voluntary hours

Questions??

