



Introducing Cultural and Linguistic Diversity (CALD) training resources

Helping our primary (PHO and GP practice) and secondary health workforce people develop cultural competence

(HPCAA) requires registration authorities to set standards of cultural competence. Cultural competence refers to an ability to communicate and interact effectively with people of different cultures. Cultural competence comprises four components: cultural awareness, sensitivity, knowledge and skills.

be progressively made available during 2010 and 2011.

CALD website www.caldresources.org.nz offers information about: CALD courses (online and face to face) / CALD resources / CALD online forum.

This is a new initiative developed for the Ministry of Health by the Waitemata District Health Board, Asian Health Support Services to enable public health workforce working within the Auckland region to access quality and accredited face to face and online cultural competency courses from 15 April 2010.

With growing ethnic diversity in the New Zealand population, health providers and practitioners are required to provide services that are responsive to the diverse cultural, linguistic and religious groups that they serve. The Health Practitioners Competence Assurance Act 2003

Visit www.caldresources.org.nz to check what FREE online and face to face CALD courses are available for public health, community health, primary health and secondary health practitioners working for services funded by WHDB, ADHB, CMDHB and those working for NDSA. More CME accredited online courses will

Contact for enquiries:
Annette Mortensen, Project Manager: Auckland Regional Settlement Strategy, Migrant and Refugee Health Action Plan, Northern DHB Support Agency

Email:
annette.mortensen@ndsa.co.nz

Don't let the flu get you!

Influenza patient information brochures in 6 languages: English, Hindi, Chinese, Korean, Maori, Samoan, Tongan. Please connect to www.fightflu.co.nz to get this information.

Please contact Erin Lockett, Support Co-ordinator - National Influenza Strategy Group (NISG) Immunisation Advisory Centre - University of Auckland - Tamaki Campus for further details.



Ph: 09 373 7599 xtn 82012
Cell: 021 270 9373
Email: e.lockett@auckland.ac.nz
Web: www.influenza.org.nz



TANI Events 2010

1. 16th June, General Network Meeting, 3pm-5pm
Theme: Asian Youth Health (Social, Mental and Physical Health Issues)
2. 8th Sep. General Network Meeting, 3pm-5pm
3. 24th Nov. General Network Meeting, 3pm-5pm (Fickling Centre, 546 Mt Albert Rd. Auckland)

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From the desk of chairperson

Anyong haseyo,

All our deepest empathy for the grief visited upon the Korean community for the loss of four of their members in Christchurch recently under the most tragic circumstances. Your bereavement reminds us all to remain steadfast in our efforts to improve the health and wellbeing of all our Asian communities in Aotearoa New Zealand. We hope that the knowledge of our support for you might offer some small comfort...

I also wish to express our appreciation of the very positive response to our last annual Asian Network Forum on preventing domestic violence in our communities. The feedback we received was very heartening as many participants reported their satisfaction with the presentations and workshops conducted on the day. We were pleased to hear about the wonderful and innovative initiatives, activities and programmes available to help promote positive family values, and the culturally-appropriate interventions for families affected.

TANI wishes to salute our hardworking colleagues in the sector, and we intend to explore ways to keep making a difference to our vulnerable community members.

*Now that summer is at an end
and autumn our familiar friend
let's keep hearts warm remembering
the promise of the spring returning...*

Tess Liew
Chairperson, TANI

Glimpse from the TANI forum

"A Collective Approach to Prevent Family Violence in Asian Communities" was the theme of the 8th Annual Asian Forum which was held in the month of April 2010 at Fickling centre, Three Kings, Auckland.



The forum brought distinctive service providers working in family violence prevention sector and the communities together and provided them with an opportunity to share their experiences,

challenges and learning from their esteemed work. Some of the prime agencies like NZ Police, Ministry of Social Development, ADHB, SHINE, Shakti, Lifeline Aotearoa, WAVES, Shanti Niwas, South Auckland Family Violence Network and Chinese Mental Health Consultation Services Trust were among the guest speakers for the day. In total more than 150 participants attended this forum.

Panel discussion before the lunch time was one of the highlights of the forum where all the participants got an opportunity to ask any questions to the presenters. Some questions which could not be answered during the forum due to time limitation have been answered via emails after the forum.

Interactive workshop session in the afternoon provided all the participants with an opportunity to brainstorm around four key questions/issues related to family violence i.e. (1) How to overcome the barriers discussed in the morning session and how the community can



have better access to these services? (2) What kind of prevention programs/resources / initiatives do we need to develop for Asian communities? (3) What are the similarities and differences in perception of "family violence" between New Zealand context and the ethnic communities' context? (4) What TANI can do to support the Asian communities and the service providers to prevent family violence?

Please enjoy some of the glimpses from the forum and feel free to contact TANI if you wish to know about evaluations and detailed discussions which took place on the day.

ActiveAsian Project



A 6 week 'Fun Ferns' netball programme was run in two primary schools on the North shore by Harbour Sport's ActiveAsian team. The aim was to introduce Chinese children to netball and for them to develop their basic ball, movement and game skills that would result in increased confidence in netball and sport generally.

Over 35 Chinese children from two primary schools, both boys and girls attended the sessions, with a total of 9 parents also attending and showing a keen interest and

support. An evaluation questionnaire was completed by all participants with results below. 7 of the Chinese children in one school are now playing netball for their school teams.

A particular success is that in one of the schools, young student leaders were recruited and trained to continue the netball sessions within the school.

The positive feedback from the parents and children towards the programme has demonstrated that they are keen to become involved in further sporting opportunities.

Harbour Sport is looking to collaborate with Netball North Harbour in order to establish a continuing netball programme aimed at Chinese children on the North Shore.

If you would like to read the full report on the Fun Ferns netball programme then please go to the Harbour Sport website/getting active/Active Asian.

If you would like further information about this project please contact:

Jay Martin activeliving@harboursport.co.nz (09) 415 4618

Winter Health Tips

KEEPING YOU WARM

- Wear layers of clothes & put on socks when wearing your slippers, hat, gloves and scarf when out and wear socks to bed.
- Eat to heat & hot drinks through the day
- Spread chores & alternate between rest and activity.

KEEPING HEALTHY

- Get your FREE flu jab, ALWAYS tell doctor if taking any over the counter medicines and Go for a walk and smile everyday – it's good for you &

you might even get a smile back!

PLANNING

- Go to bed earlier & get up later.
- Shop later in the day and suggest family buy you something practical for your birthday or mother's day: possum socks, a blanket or snuggle sack
- Attend your social groups or phone if weather makes going out difficult
- Insulate hot water cylinder, Check your oven seals and Replace worn taps/washers.
- Cook all your meals at the same time.

- wash & dry laundry with a full load &/or dry clothes outside.
- Turn off your electric blanket when in bed (This is FIREWISE too) and Use draught stoppers.
- Close doors & windows at night and Heat the rooms you use most.
- Follow the sun –change a room- add a chair in the warmest room



22 language formats for Health and Disability Service Consumer

The Code of Health and Disability Services Consumers' Rights – now available in Audio format in 22 different languages:

Our website has the information on the Code of Rights in 31 different languages on the home page that you can read online or download: <http://www.hdc.org.nz/>

We now also have this information available in Audio format in 22 languages, so that you can listen to your rights as opposed to having to read it. Please refer to the link below:

<http://www.hdc.org.nz/the-act--code/the-code-of-rights/listen-to-your-rights-in-different-languages>

New (accessible) DVD resource launched by HDC on the Code of

Rights titled, "Making it easy to get the right service" to assist disabled people to understand and exercise their rights when receiving health and disability services. The accessibility features of the DVD include: New Zealand Sign Language / Subtitles / Audio Description of silent scenes

The DVD can be ordered at No Cost by visiting: <http://www.hdc.org.nz/publications/resources-to-order/video-dvds>

For more information: dial 0800 11 22 33, or email: hdc@hdc.org.nz

RELEASE OF DISCUSSION DOCUMENT – Invitation for feedback

"Skills for Wellbeing, 2020"

– a proposed workforce development framework for social services and community building.

Social Services, community,

voluntary, and related sectors are invited to contribute to the development of a 10-year strategy for the social services and community sector and workforce.

Feedback is needed from people, organisations and networks interested in the wellbeing of people and communities – from iwi, government, community or the private sector. Training and education providers should also participate in this discussion.

If you see this discussion as relevant to you – please get involved. All feedback is needed by 30 June 2010.

The Discussion Document with links to online feedback forms can be downloaded at www.socialservicesito.org.nz

If you have any questions about this project, **please contact the project manager, Jac Lynch:** jac.lynch@socialservicesito.org.nz Ph: 0800 558 558

Seniorline info service for over-65s



Seniorline offers free information to help older people in Greater Auckland and Northland make decisions about staying at home, retirement villages, home care, day care and rest homes. Staff members can give information on relief care options, home care services, meals, transport, financial and social supports.

Seniorline is also able to answer enquiries about residential care. Information includes asset testing, rest home vacancies, Admission Agreements, cost of care, services that should be provided and complaints about care.



Contacts: Phone: 09 375 4395 or 0800 725 463 Fax: 09 638 0358
Email: seniorline@adhb.govt.nz
Website: www.adhb.govt.nz/seniorline

Give Quitting a Go!

The focus for World Smokefree Day 2010, which is on 31 May, is all about giving quitting smoking a go – and friends and family supporting those who want to quit.

Within Waitakere, HealthWEST will be providing on the Wellness Out West Bus, Quit Cards, Blood Pressure checks and health advice around the benefits of quitting.

Why quit? Well there are lots of reasons but did you know what happens after you smoke your last cigarette?

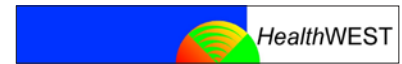
- After 3 days – your chances of

heart attack and stroke start dropping

- One month – your circulation improves, your energy levels rise
- 3-12 months – your congestion, fatigue and your shortness of breath decrease
- One year – you risk of coronary heart disease is half that of a smoker
- 10 years – your risk of developing several types of cancer is decreased

Also think about the cost of smoking!

The average smoker smokes about 20 cigarettes per day – that's about \$100 every week.



Approximately 21% of New Zealanders currently smoke. More Maori and Pacific people smoke than Europeans. The rate of smoking is higher in Waitakere City than North Shore. Although the smoking rate is decreasing, we still have a long way to go!

Giving up smoking is the single best thing a smoker can do to improve their health!

For more information Quit smoking programmes please contact Leanne Kirton, Waitemata DHB Smokefree Coordinator on telephone 486 8920 Ext 3062.



Free Breast Screening through Breast Screen Counties Manukau

The Mobile Breast Screening Unit will be visiting Howick:
23rd August – 17th September 2010.

BreastScreen Aotearoa is a free national breast screening programme. You can have a free mammogram every two years if you meet all of the following:

- are aged 45-69
- have no symptoms of breast cancer
- have not had a mammogram in the last 12 months
- are not pregnant or breastfeeding

Breast screening can show changes in the breast before anything can be seen or felt. In most cases the changes will not be cancer. Breast screening can detect breast cancer early, which means a very good chance of successful treatment.

To book your free mammogram call freephone 0800 270 200

Appointments can be made at a time to suit you.

Mobile location:

Howick Club, 107 Botany Road (Mobile Screening Unit only)

Fixed Locations:

Howick ARG, Fencible Drive, Howick
Manukau SuperClinic, 901 Great South Rd
Papatoetoe ARG, Great South Road

Early Detection is your Best Protection

Asian Volunteering for 'the Silent Disability'

In April, the Phobic Trust of NZ Inc nominated Bobby Shen, who is a Kiwi of Chinese descent, for the 2010 Intrepid Travel Volunteer of the Year. Bobby first got involved after seeing a poster advertising for volunteers and has worked for free for 5 years and has moved up from being a trained phonline volunteer to coordinating the phonline and recruiting, training and leading the group of volunteers. Bobby said, "I am proud of my work at the Phobic Trust, and the immense feeling of satisfaction from helping

those suffering from a mental health condition, often termed 'the silent disability', is of the highest calibre.

"You might think that doing all of this work is a waste if you aren't being paid. It isn't. You get paid in other ways: the amount you learn, the professional development, the opportunities, the friends you make... this is even better than your average 9 to 5 paid job. What most people don't understand is volunteering is always mutually beneficial in ways you would not even imagine."

The Phobic Trust has helped many Asian families over the years, and it is great to see young Asian people giving back to their community. It is not surprising that about half of the volunteers at the Phobic Trust are of Asian descent. We wish Bobby the best in his campaign for the NZ Volunteer of the Year Award!

The Phobic Trust of NZ Inc was established 30 years ago to help people throughout New Zealand who suffer from anxiety disorders. **We also run a 24-hour Phobic Phonline. Please ring 0800 14 ANXIETY for more info.**

Safekids IP Days Asian Community

Safekids New Zealand, in partnership with 22 organisations across the country, invites Asian community groups with an interest in child injury prevention to attend its workshops focusing on Motor Vehicle Child Passenger Safety/ Child Restraints and Booster Seats and Child Burns Injury Prevention/ Fire Safety.

For children 0-14 years, one of the leading causes of injury involves children as passengers in motor vehicles, with the equivalent of one classroom-full (26) of children admitted to hospital each month, and

about 16 child deaths a year.

Burns is also a leading cause of injury for young children. Of 1 to 2 year olds admitted to hospital due to severe burns, over half are caused by spilt hot drinks (tea and coffee) and other liquids.

"The Safekids Campaign workshop is an opportunity for practitioners, agencies, community groups, media, volunteer services and organisations to receive up-to-date information, data and new resources on the injury issues," said Ann Weaver, Director, Safekids New Zealand.

Auckland/ Manukau schedule and contact details:

Date: June 24, 2010

Auckland contact: Amanda Sutherland, 09 354 2076, amanda.sutherland@aucklandcity.govt.nz

Manukau Contact: Lauren van Coller, 09 262 8964, lauren.vancoller@manukau.govt.nz

www.safekids.org.nz



Don't Toast Yourself!

The NZ Fire Service says "Keep as warm as toast this winter - but don't toast yourself".

As the weather cools down and householders begin to get heaters and electric blankets out of storage, the New Zealand Fire Service reminds everyone to check their appliances before using them.

Some simple checks you can make before winter arrives are:

- Check electric blankets for signs of wear and tear and always turn the blanket off when you get into bed.
- Don't overload power points

- If using an LPG heater, have the heater and gas bottle checked before first use this winter.

- Never put anything on top of the heater, ever, and make sure your children stay well away.

- Clean chimneys and flues before your first fire of the season and always use a fire guard or spark screen with open fires.

- And check your smoke alarms are working and practice your home escape plans.

More fire safety tips for the colder months are available on our website www.fire.org.nz or from your nearest fire station.

Further information please contact: Phil Faidley | Fire Risk Management Officer, Counties Manukau Fire Area, New Zealand Fire Service | +64 9 262-0868 | +64 27 591-8815 | phil.faidley@fire.org.nz

Working with Communities, to Protect what they Value



Safety NZ Week

For most of us, our home is a haven, where we expect to be safe. But statistics show we are not as safe as we think we are as last year, one in seven Kiwis were injured at home!

And that's why we have Safety NZ Week. Safety NZ Week is a project ACC have been running since 2005. It's an opportunity to bring the issue of home safety to the public's attention and to make a difference.

Safety at home starts with one simple change, and in 2010 we want Safety NZ week to be bigger than ever.

We would like you and your organisation to help spread the word and keep New Zealanders from being injured at home. We'll make it easy for you to be involved by providing resources and information. Sign up now at www.homesafety.co.nz to register your organisation's support and to receive regular updates about Safety NZ Week.

A New Health Promotion Coordinator



Kia ora!

My name is Parvin Kapila and I am the new Health Promotion Coordinator with East Health Trust. East Health Trust is a Primary Health Organisation (PHO) covering Howick, Botany, Pakuranga, Beachlands, Clevedon, Flatbush and Maraetai areas. Our enrolled population is about 84,000. East Health Trust has 22 Practices in its PHO.

My role is around Health Promotion. Health Promotion is a process of enabling people to increase control over their health through informed choice. I can provide knowledge and skill to assist the development and delivery of health promotion activities

and initiatives.

I am very keen to start a network of walking leaders so that we can support people in our communities that would like to walk. Please contact me if you are interested in being involved in such a network. I will be attending the network meetings across the East Health area. My aim is to get to know people so that we can build relationships and have long term sustainable healthy communities.

I can be contacted at East Health 260 Botany Road. Howick. DDI : 538 0632.

I look forward to hearing from you.

Family Planning Info in Chinese Language

Family Planning has produced seven information resources in Chinese to meet growing demand from New Zealand's Chinese-speaking population.

Family Planning

Family Planning Chief Executive Jackie Edmond says producing resources to meet the needs of specific groups is becoming an increasingly significant part of the work the organisation does.

“Having resources in Chinese, complements the work we do across the organisation to make ourselves

as accessible as possible to people for whom English is a second language,” Ms Edmond says.

“For instance, we use the Department of Internal Affairs Language Line telephone service to offer translation services in our clinics. This service ensures client confidentiality and reassures our clinicians that they have understood the reason for the client visit and that the client understands the treatment options they have been offered.”

The resources are in pdf format and can be downloaded from the Information and Research tab of the website www.familyplanning.org.nz

CAB Language Link



Is a free and confidential interpreting service that provides a first point of communication for newcomers endeavouring to settle in New Zealand in 26 languages. We help to empower people by providing support and accurate information; those that have used our service value the impartiality and non-judgemental aspect of it. All people can find help by a personal interview, telephone call or by email. Our staff are very experienced in handling difficult, complex cases and we have the capacity to have five different parties on one conference type call – this enables us to find a solution to one's problem very quickly.

- Have you bought a product recently that does not work properly?
- Do you need help to complete your Visa application?
- What are your rights when NZ Statistics sends you a survey to complete?
- Where do you go to find out about your power/phone supplier?
- Can the landlord put you flat up for sale and bring people to view the property?
- How do I get a NZ drivers license?
- Can my employer get rid of me?

Phone: 624 2550 521d Mt Albert Road, Three Kings.

CNSST New Head Office Opening & Expanding Services

On 10th April 2010, Chinese New Settlers Services Trust (CNSST) successfully organised the official ribbon-cutting and opening ceremony for the new Head Office at 15-19 Clifton Court, Panmure, Auckland.

There were lion dance and dragon dance greeting the sustainable prosperity of CNSST, attracting over 100 participants on the day. The previous and current board members as well as CNSST working team were officially introduced to the public.

The Executive Director and also the founder of the Trust, Jenny Wang briefly unfolded the twelve year of the Trust starting from Jenny's home garage in 1998 to current development to one head

office and seven branches with 26 paid staffs throughout the Auckland region, providing social work, employment services, settlement support and community education. CNSST currently provide the above community-based services to both Chinese and Korean community in four differently languages of Mandarin, Cantonese, Korean and English. We deeply appreciate the kind support from the community as well as other service providers and community groups.

CNSST Parenting through Separation Programme & Free Legal Advice Clinic in Chinese and Korean

With the kindest support from our volunteer lawyers, we now have Free Korean Legal Advice from 3:30pm to 4:30pm every Wednesday and Free Chinese Legal Advice from 3:30pm to 4:30pm every other Thursday. For booking and enquiries, please phone 09- 5701188 (Chinese) 09- 570 9099 (Korean). www.chineseservice.org.nz



OSM, development

Free English language class and networking

Free English Speaking classes for elderly people every Friday. For enrolments please contact Col (Retd) C. S. Cheema on 09- 627 3311 or Malvinder Pal Singh on 09-627 7277.

The Trust is a small organization making every effort to promote social, cultural and educational activities to enhance quality of life, create networks of people, communities and liaise with other organizations having

similar aims and activities. Also celebrate unity in diversity to promote a happier way of life and participates in domestic violence prevention awareness for well being of families.

Sukhmani Charitable Trust welcomes Agnes Granda as a new trustee who joined our board in December 2009. The office is at 583A Blockhouse Bay Road, Blockhouse Bay, Auckland

Gamble Free Day Dining Discount 2010



Gamblefree Day is held on the 1st September every year and is the national day of action against gambling harm.

Asian Services at the Problem Gambling Foundation of New Zealand (PGF) launched the 'Gamblefree Day Dining Discount' campaign in Auckland in 2007.

On Gamblefree Day, customers with a Gamblefree Day dining discount voucher can get 10% discount off their meal at a participating restaurant. The campaign promotes healthy entertainment instead of spending money on gambling and raises awareness about the harm caused by gambling by promoting open discussion within communities.

The campaign has been extremely successful and it will take place again this year.

We sincerely invite all service providers to take part in this year's 'Gamblefree Day Dining Discount' campaign. What you could do is promote this campaign through your networks, clients and community. You can distribute the vouchers to people and encourage them to have a good meal and gathering with their family or friends on the 1st of September.

New employment relations & health & safety resource

The Department of Labour has produced two new resources to assist businesses. The Big Six is a series of brochures that contain checklists and links to further information which businesses commonly seek: health and safety; hiring new employees; pay; holidays and leave; managing performance; and ending employment relationships. The Big Six is available to download from the Department's website. The Code of Employment Practice on Infant Feeding was developed to provide assistance to assist employers and employees on how to provide unpaid breaks (in addition to rest and meal breaks) and appropriate facilities for women who wish to breastfeed their babies during a work period.

To find out more about the Big Six, visit www.dol.govt.nz/big6

To find about the code, visit Code of Employment Practice on Infant Feeding <http://www.ers.dol.govt.nz/parentalleave/infantfeeding/code/>



Chinese Storytime

WAVES' Special project and a new coordinator

WAVES Trust, Waitakere Anti-Violence Essential Services, has implemented a special project to find ways that WAVES can help improve new settlers' access to family violence prevention and intervention services in Waitakere City. My name is Jo Richdale and I have been contracted to co-ordinate this project. I have recently completed a PhD in history at the University of Auckland and I bring to the role with WAVES a strong interest in the diversity of people's lived experiences of marriage and family life.



My role is to facilitate conversation and collaboration between family violence service providers and new settler service providers. So far, I have been welcomed by family violence service providers in the WAVES network. It is encouraging that many of people I have talked to are aware that migrants and refugees face unique challenges making it especially difficult for them to seek help for family violence. Consequently, existing service providers in Waitakere are keenly aware that their services must grow and evolve to meet the needs of our city's changing cultural demographic.

It was clear at the recent 8th Annual TANI Forum that many organisations working with new settlers are discussing the issue of family violence as well. If your organisation has an interest in family violence already or is considering expanding activities into the field WAVES Trust would like to hear from you. Please contact Jo on 09 838 4834 (Monday to Thursday) or email jo@waves.org.nz.

Mecoss

This council of social services was started 13 yrs ago as HAPCOSS (Howick And Pakuranga Council of Social Services) which gradually grew to encompass all of Manukau East to become MECOSS (Manukau East Council of Social Services) in 2006.



The core functions of MECOSS can be classified under 4 broad categories - Networking, Learning & Development, Advocacy & New Initiatives. MECOSS is the link between the Social Service providers and the communities of Howick, Pakuranga and Botany. We work closely with the community advisors from Manukau City Council and the local district health board - CMDHB.

We address the issues affecting people of all age groups, all ethnicities, citizens and new migrants, English and non English speaking people. Our community is unique in many ways and totally unlike any other in the country. We have the very old and the very young, we have the oldest settlers and the latest arrivals, we have those with the richest assets but very poor in income. To address the issues of this cocktail group MECOSS was responsible for initiating the following projects:

Manukau East Patient Transport Service/ Manukau East Shopping Shuttle/ Manukau East Social Services Hub/ Man Alive / Rotary Against Violence At Home

Vasu Moses, Chairperson, www.mecoss.org.nz



HIPPY works for the preschool children

Do you have children aged between three and four-and-a-half years of age? Would you like them to have a great headstart and be really well prepared for when they start school? Do you live in or near the Northcote/Hillcrest area of the North Shore?

HIPPY stands for Home Interaction Programme for Parents and Youngsters.

HIPPY helps parents teach their children the skills they need to be successful at school including reading, writing and language skills, early maths concepts and problem solving.

How does HIPPY work? A tutor comes into your home once a fortnight and shows you exactly what to do with your child. You then spend fifteen minutes a day working through an activity booklet with your child. Every second week we have a group meeting where we all meet to work on the activities together.

HIPPY is fun and rewarding for both you and your child and it only costs \$1 a week! **If you are interested in finding out more please call Mina at HIPPY Northcote on 481 0045 ext 214 or 021-239 5926. We are enrolling children NOW!**

Global Friends, a new friendship group

NEW TO NEW ZEALAND?



Global Friends

Calling all North Shore newcomers and Kiwis

Join us at our friendship group ...

- share your knowledge and experiences with each other
- meet others, make new friends and have fun

Everyone welcome – bring your friends and family along

Date:
Thursdays, every fortnight, starting 29 April, 2010
(29 April, 13 May, 27 May, 10 June, 24 June)

Time:
12:00 noon – 2:00pm

Venue:
Level 1, Norman King Building
(opposite Northcote Library),
Norman King Square,
Ernie Mays Street, Northcote



No need to book. For enquiries, please phone: (09) 486 8635 or email: ssznorthshore@raeburnhouse.org.nz

visit www.northshorecity.govt.nz (keyword: Settlement Support) for a list of information seminars / workshops available on the North Shore



Raeburn House
COMMUNITY DEVELOPMENT CENTRE



Supporting all in families and Migrants



A CARE CENTRE OFFERING SUPPORT TO FAMILIES, IMMIGRANTS AND ALL IN OUR COMMUNITY

PHONE 09 576 5229 www.masada.org.nz norma-jean@masada.org.nz

"To enable all people with and without special needs"

Holiday Care
Open every school vacation, ages 5yrs and up. Subsidies available. CYFS accredited. Carer support accepted for special needs. Open December and every school holiday.

Special Needs Training
Open daily for school leavers confidence building, self esteem and life skill courses all year for work readiness and supported employment opportunities

Respite Care
A service for all families needing care for kids open for short term, long term or emergency care. carer support funding accepted



Free English Class for Employees

English for Employees is for people wanting to improve their language, literacy and numeracy for the workplace.

This programme is free to adults who have Permanent Residence and are working either part-time, full-time, casually, seasonally or are self-employed.



**Classes starting soon
Enrol now**

For more information and to enrol
Phone - 523 0071
English Language Partners Auckland Central



Global Friends, a new friendship group

112th Philippine Independence Day Celebration
12th June 2010
A celebration of our common identity and diversity

Under the auspices of the Embassy of the Philippines and the Consulate General of Auckland and the Federation of Filipino Associations, Societies and Clubs of New Zealand Inc

PROGRAMME OF ACTIVITIES

Sat, 12th June 2010

- 10:00am - 11:00am: Wreath Laying Ceremony (at the Consulate General)
- 11:00am - 12:00pm: Filipino Business Talks & Food Talks
- 12:00pm - 1:00pm: Praying Korymbos sa Araw ng Kalayaan
- 1:00pm - 2:00pm: Cultural Programmes
- 2:00pm - 3:00pm: Filipino Society Show

Sun, 13th June 2010

- 10:00am: Thanksgiving Mass

Performing/Supporting Groups

North Shore Filipino Community Inc
The Filipino Society Inc
MARI
Marie Filipino Filipino Migrant Women/Peace Project
Lark Choir
K-12 Performers for Filipinas
IP Alumni Auckland
Waiwaka Filipino Arts Guild
Highly Phi Omega Sorority Auckland
KANGI POWER
CFO-4C, USA
Filipino Students Association
Organisations of Coordinators in NZ
Philippine Peoples Movement
Phil. Christian Group (MCF, East Side, PCC, etc.)
Kulayan Girls College Filipino Dance Group
Sanctus Maria College Filipino Dance Group
Filipino Progress Association
Filipino Singers & Musicians of New Zealand

GUESTS OF HONOUR:
His Excellency Dr. Benigno V. Trillana, Phil. Ambassador to NZ
Honorary Consul General Emilio Pe-Set

FFASNCI Executive Committee:
Bert Ruzoche, President
Alice Luzano, Vice-President
Ailyn Domestica, Secretary
Cori Nohrkeja, Treasurer

Al Garcia, Honored Guest
Arnie Benemonda V. Trillana
Ex-Officio Member

Watch out for the next major Filipino Event!!!
22nd-26th Oct 2010 LABOUR WEEKEND EVENT

hosted by **NSFCI**
New Zealand Federation of Filipino Communities Inc

2010 112th Philippine Independence Day
www.112thphilipine.com
and 112th@msn.com

Band Members Wanted



SmoothStream Band does entertainment for all community events in Auckland and supports other community organisations and recruiting two rhythm guitarists and a keyboardist for this year concert. **Contact Ronald Ma 021 124 6507, smoothstream@gmail.com All details are at www.smoothstream.co.nz.**